



You have been gifted
with a random
act of kindness!

Now I challenge you to do
something nice for some-
one, leave this card
behind, and keep the
spirit going!

www.payitforwardmovement.org



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Kindness Ideas in
5 Words or Less...

Smile at a stranger.
Change a tire. Sub for
Santa. Send a thank
you note. Recycle. Visit a
sick neighbor. Give a
genuine compliment.
Babysit for free. Clean
someone's house. Pick up
someone's tab. Cook for
your family. Mentor a
child. Plant a tree.

Blessings from POWER, Inc.
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